



Spiral Impact®
The Power to Get it Done with Grace

Karen Valencic - Bio

Best-selling author and speaker, Karen Valencic is passionate about revealing the keys to mastering conflict so leaders can fast-track innovation and smooth the turbulence of disruption – thereby increasing momentum.

Karen's challenges as one of the very first women engineers at Delco Remy Division of G.M. spurred her on to find better ways to engage that bring out the best in all stakeholders. Now, with 25+ years focused on developing leaders and teams, Karen brings a unique balance of both logic and soft skills to promote engagement and innovation.

In 1992 she founded Spiral Impact, which imparts a distinct perspective on conflict and performance improvement as she blends physics and martial arts to inspire practical skills for collaboration and influence. Karen is the best-selling author of *Spiral Impact: The Power to Get It Done with Grace, The Black Belt Edition*. She has also produced the audio program: *Strengthen your Balance and Focus while Driving* and created the *Handbook: Giving Deliberate Feedback for Leaders*. Karen channels her vibrant experience into team and leadership development, professional conferences, coaching sessions, etc. – tailored to your individual needs or your organization's specific goals.

Karen has a natural gift to work with diverse groups of people and creates a calm openness when she shows up. She has worked closely with C-level executives, front line customer care, and numerous people in the middle!

Before establishing Spiral Impact, Karen spent ten years as a project engineer in product development at Delco Remy, Division of General Motors, including a year as a manufacturing resident product engineer. She earned her B.S. in Mechanical Engineering from Tri-State University, now Trine University, in Angola, IN.

For three decades, Valencic has been a devoted student of aikido, the Japanese art of reconciliation. Aikido uses position rather than force to diffuse and protect the opponent's life as well as your own. Spiral Impact is grounded in those same concepts.

Karen has served as Director of Mentoring with the Healthcare Businesswomen's Association, Indiana Chapter and board member with Spotlight on Nursing. She is Past-President of the Indiana Association of Talent Development, formally an adjunct professor and Executive-in-Residence at Butler University and a former adjunct faculty with the Greenleaf Center for Servant Leadership. She is currently on the board of the Holliday Park Foundation.